



Sangha
Care

Service Volunteer Card

Name _____

Email _____

Home phone _____

Cell phone _____

Work phone _____

Address: _____

Please place a star next to your preferred way of being reached.

I am interested in helping sangha members who need temporary help with (check all that apply):

transportation

grocery shopping

bringing meals

other (please describe) _____

visiting

Please tear card at dotted line below give the upper half to Julie or Sue. Keep lower half for contact information.

Sangha Care is an activity of the Henry David Thoreau ("Hank"), Ralph Waldo Emerson ("Waldo") and Springhill Sanghas. Its purpose is to provide temporary assistance to sangha members who request it during recovery from illness or other similar life challenges.

Volunteers will be contacted by phone or email, by the coordinators, as needed. Information provided on this card is confidential.

Contact information for Sangha Care Coordinators:

Julie Nelson

Home phone (617)558-0048

Email julie.nelson@rcn.com

Sue Allen

Home phone (781)449-9460

Email suzcanoe@aol.com